

# Out of difficulties grow miracles: sharing our experiences of peer support

With Nottinghamshire Healthcare NHS Foundation Trust

**Date:** Wednesday 6<sup>th</sup> March – Thursday 7<sup>th</sup> March 2019  
**Venue:** Holme Pierrepont Conference Centre, Nottingham, NG12 2LU  
**Time:** 10:00 – 16:30

## Day One

Time	Programme Item
09:30	<i>Registration</i>
10:00	<b>Welcome and Introductions</b> <i>Julie Repper, ImROC Director</i>
10:10	<b>The history of peer support at Nottinghamshire Healthcare NHS Foundation Trust</b> <i>The Peer Support Development Team, Nottinghamshire Healthcare NHS Foundation Trust</i>
10:30	<b>Challenges and critical issues in peer support</b> <i>Emma Watson, Peer Development Lead, Nottinghamshire Healthcare NHS Foundation Trust</i>
10:50	<b>Questions and discussion</b>
11:00	<i>Refreshment break</i>
11:10	<b>An overview of Peer Training and a facilitated Interactive Table Activity</b> <i>The Peer Support Development Team &amp; Peer Support Students</i>
12:30	<i>Lunch and networking</i>
13:30	<b>Meet the Peer Workforce!</b> <ul style="list-style-type: none"> <li>• Hopewood Lodge – perinatal mental health inpatient ward</li> <li>• Highbury – adult mental health inpatient ward</li> <li>• Forensic services – staying at Holme Pierrepont</li> </ul> <p style="text-align: right;"><i>Minibus travel is available to book if required – please specify when booking</i></p>
16:30	<i>Close</i>

## Day Two

Time	Programme Item
09:30	<i>Refreshments available</i>
10:00	<b>Welcome</b> <i>Emma Watson</i>
10:10	<b>Regroup: questions, comments and reflections on yesterday</b> <i>Emma</i>
10:30	<b>Live Well in Rushcliffe: community coproduction model</b> <i>Liz Walker, Project Manager, Live Well in Rushcliffe</i>
11:20	<i>Refreshment Break</i>
11:35	<b>Careers and qualifications in peer support</b> <i>Marissa Lambert, Nottinghamshire Healthcare NHS Trust</i>
12:00	<i>Lunch and networking</i>
13:30	<b>Critical issues in peer support: open discussion and debate</b> <i>Facilitated by peer colleagues</i>
14:45	<i>Refreshment break</i>
15:00	<b>Identifying priorities, action planning and next steps</b>
16:30	<i>Close</i>

